





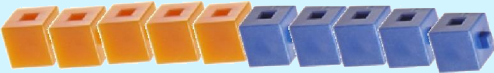








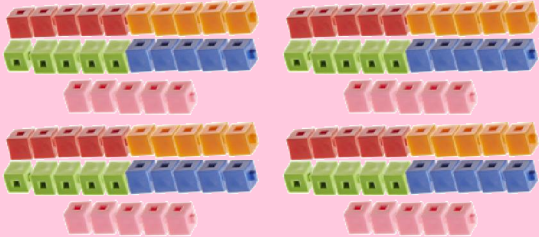




penny			1¢		\$0.01
nickel			5¢		\$0.05
dime			10¢		\$0.10
quarter			25¢		\$0.25
half dollar			50¢		\$0.50
dollar			100¢		\$1.00



CIRCUMCISION: DID YOU KNOW?

- No medical organization in the world, even the American Academy of Pediatrics, recommends infant male circumcision.
- At least 117 baby boys die from circumcision each year in the United States. (Death can occur from only 2.3 oz of blood loss.)
- You can watch a video of a circumcision being performed on YouTube. This will allow you to see the actual procedure first.
- Infant circumcision removes a male's right to decide for himself whether or not he wants to be circumcised.
- Circumcision is medically unnecessary, risky, and extremely painful (even with anesthetic).
- It is easier to care for a baby's intact penis than circumcised one. Don't retract the foreskin, just wipe the outside only- like cleaning a finger.



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THE FORESKIN: DID YOU KNOW?

- The majority of men in the world have a foreskin, and the rate of circumcision in the United States continues to fall each year.
- The male foreskin has more concentrated, specialized nerve endings than anywhere else in the human body.
- The foreskin protects the head of the penis (glans) from abrasions and keeps bacteria from entering the urinary tract.
- The foreskin needs no special care or cleaning. It is fused to the penis in infancy and may not retract until puberty or later. At that point, he can simply rinse with warm water.
- The foreskin has important roles in sexual function and is the most sensitive part of the penis.
- This card is equivalent to the amount of tissue missing from an adult's penis after circumcision. It represents 1/3 to 1/2 of the skin covering the normal penis (about 15 square inches).



Proper Foreskin Care for Baby Boys



***It's easy! If intact, don't retract.
Only clean what is seen.***

(See reverse side for additional information.)

Front of Postcard (above) - Back of Postcard (below)

- From birth, the male foreskin is fused to the head of the penis (much like a fingernail is fused to the finger.) This is the body's way of protecting the genitals against urine and feces.
- It is absolutely unnecessary to forcibly retract the foreskin to clean under it, and in fact- this will cause severe pain, bleeding, scarring, and damage to the penis. Pulling it back before it is ready can also introduce foreign bacteria which can lead to infection.
- The first person to retract a boy's foreskin should be the boy himself. Everyone else- hands off. The average age for this to happen is about 10 years old. About that time, the foreskin will start to become detached (although sometimes it is sooner, and sometimes it is later).
- Until about puberty, his body isn't producing anything under the foreskin that needs to be 'rinsed'. So if he gets especially dirty, sitting in a warm water bath (without soap) should take care of the cleaning.
- Once he can retract his own foreskin, he just needs to pull it back during a shower, rinse with warm water, and return it to the original position. No soap & no scrubbing under the foreskin.
- Forced foreskin retraction by an uninformed adult is the greatest penile risk boys face. Stay with your boy during all medical examinations. Some healthcare professionals might try to tell you it is necessary. Before every visit say, "Please, do not retract his foreskin."

For questions or more info, visit: www.WHOLEnetwork.org